

Resource Guide



Australian Centre for Grief and Bereavement

2013/2014

Getting Back to Life When Grief Won't Heal

Phyllis Kosminsky



\$22.95

Are you finding it hard to get over the loss of a loved one? Does it seem like you'll never move on with your life? Do you feel that you're stuck in the grieving process? You may be experiencing complicated mourning, the feeling of being 'stuck' in your sorrow, frustration, and unresolved issues. This book provides a path through your grief with real inspiration, invaluable insight and deeply felt advice. You'll learn that, yes, there is hope and, with time, you can let go of the overwhelming sense of loss and embrace life.

Handbook of Thanatology (2nd Edition)

David K. Meagher & David E. Balk

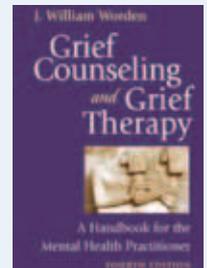


\$99.95

If ever there was an area requiring that the research-practice gap be bridged, surely it occurs where thanatologists engage with people dealing with human mortality and loss. The field of thanatology – the study of death and dying – is a complex, multidisciplinary area that encompasses the range of human experiences, emotions, expectations, and realities. *Handbook of Thanatology* is the most authoritative volume in the field, providing a single source of up-to-date scholarship, research, and practice implications.

Grief Counseling and Grief Therapy

J. William Worden



\$44.95

Worden presents the highly anticipated fourth edition to *Grief Counseling and Grief Therapy*, the gold standard of grief therapy handbooks. The previous editions, translated into 12 languages, received worldwide acclaim for their sensitive, insightful, and practical approach to grief counselling. In this updated and revised fourth edition, Worden presents his most recent thinking on bereavement, drawn from extensive research, clinical work, and the best of the new literature.

The Children Who Lived: Using Harry Potter to Help Grieving Children

Kathryn A. Markell & Marc A. Markell



\$59.95

Harry Potter's experiences of grief, as well as the grief experiences of other fictional characters, can be used by educators, counsellors, and parents to help children and adolescents deal with their own grief and loss. *The Children Who Lived: Using Harry Potter and Other Fictional Characters to Help Grieving Children and Adolescents* uses classic tales and Harry Potter books to help grieving children and adolescents. A number of activities, discussion questions and games are included in the text and the companion CD.

What Does Dead Mean? A Book for Young Children to Help Explain Death and Dying

Caroline Jay & Jenni Thomas

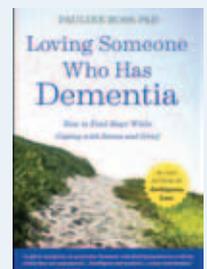


\$19.95

What Does Dead Mean? is a beautifully illustrated book that guides children gently through 17 of the 'big' questions they often ask about death and dying. Questions such as 'Is being dead like sleeping?', 'Why do people have to die?' and 'Where do dead people go?' are answered simply, truthfully and clearly to help adults explain to children what happens when someone dies. Suitable for children aged 4+, this is an ideal book for parents and carers to read with their children, as well as teachers, therapists and counsellors working with young children.

Loving Someone Who Has Dementia: How to Find Hope While Coping With Stress and Grief

Pauline Boss



\$22.95

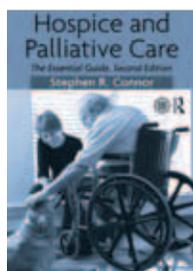
Loving Someone Who Has Dementia is a new kind of caregiving book that looks at how to manage ongoing stress and grief. The book is for caregivers, family members, friends, neighbours as well as educators and professionals – anyone touched by dementia. Boss helps caregivers find hope in 'ambiguous loss' – having a loved one both here and not here, physically present but psychologically absent.

STUDENTS AND PROFESSIONALS

Hospice and Palliative Care: The Essential Guide (2nd Edition)

Stephen R. Connor

\$54.95

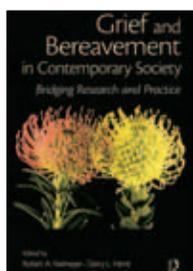


Palliative care is of growing importance to society, as our culture struggles with how to provide compassionate end-of-life care to a growing segment of the population. This book provides professionals with a comprehensive overview of the hospice practice. Chapters address the fundamentals of hospice and palliative care, including key topics such as the goals and importance of community involvement, outcome measurement, and the manner in which hospices address death, grief, and bereavement.

Grief and Bereavement in Contemporary Society

R. Neimeyer, D. Harris, H. Winokuer & G. Thornton

\$64.95

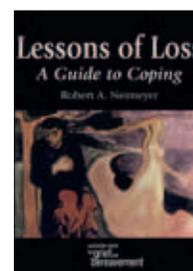


An authoritative guide to the major themes in bereavement. Chapters synthesise research-based conceptualisation and clinical wisdom across 30 of the most important topics in the field, including the implementation of specific models in clinical practice, family therapy for bereavement, complicated grief, spirituality, and more. The volume's contributors come from around the world, and their work reflects a level of cultural awareness of the diversity and universality of bereavement and its challenges.

Lessons of Loss: A Guide to Coping

Robert A. Neimeyer

\$55.00



This book covers the impacts of different types of losses, from deaths to relationships to jobs, and helps the reader mobilise the personal and social resources needed for healing. It develops a fresh theory of grieving as a process of 'meaning reconstruction' and argues that traditional theories of grief are too superficial and simplistic. Robert A. Neimeyer, PhD, is a Professor at the University of Memphis, where he also maintains an active clinical practice. *Lessons of Loss* is published by the Australian Centre for Grief and Bereavement.

Bereavement: Studies of Grief in Adult Life (4th Edition)

Colin Murray Parkes & Holly G. Prigerson

\$89.00

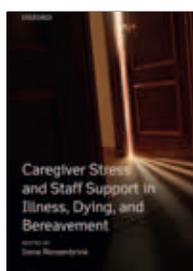


This book recognises that there is no single solution to the problems of bereavement, but that an understanding of grief can help the bereaved to realise that they are not alone in their experience. Long recognised as the authoritative work of its kind, this new edition has been revised and extended to take into account recent research findings on both sides of the Atlantic, including traumatic loss, disasters and complicated grief, as well as providing details on how social, religious and cultural influences determine how we grieve.

Caregiver Stress and Staff Support in Illness, Dying and Bereavement

Irene Renzenbrink

\$59.95



Caregiver Stress and Staff Support in Illness, Dying, and Bereavement discusses the challenge of finding a balance between the support needs of patients, families and staff, and the resources available. With contributions from practitioners and researchers from around the world, this book recognises that palliative care today is being provided in many different settings and that there may be wide variations in the way individuals and organisations identify and manage the stressors that arise through the work.

Grief in Children: A Handbook for Adults (2nd Edition)

Atle Dyregrov

\$33.95



This updated second edition explains children's understanding of death at different ages and gives a detailed outline of how the adults around them can best help them cope. This book deals with a range of common physical and psychological responses and describes the methods of approaching grief in children that have been shown to work best. Guidance is provided on how loss should be handled at school, when it is appropriate to involve expert professional help, and the value of bereavement groups for children and support for caregivers.

Cognitive Grief Therapy: Constructing Meaning in Life Following a Loss

Ruth Malkinson

\$39.95

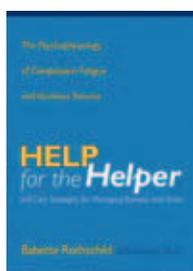


In successful grief therapy, a healthy psyche copes with the stress of loss by maintaining high functioning in day-to-day life while constructing a positive inner relationship with the deceased. Malkinson shows professionals how to achieve these aims in the context of brief cognitive therapy with individuals, couples and families.

Help for the Helper: Self Care Strategies for Managing Burnout and Stress

Babette Rothschild with Marjorie Rand

\$41.95

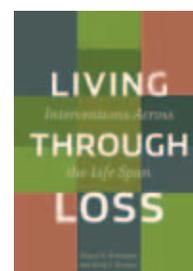


A must-have book for anybody working in the helping professions. Rothschild draws from the latest psychosocial and neurobiological research to discuss the most prominent risks to professionals' wellbeing. This guidebook highlights the risk factors for compassion fatigue, burnout and vicarious trauma, and provides the reader with actual self-care techniques and exercises to equip all helpers.

Living Through Loss: Interventions Across the Life Span

Nancy R. Hooyman & Betty J. Kramer

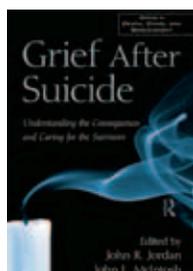
\$55.95



This is the first book to identify the many ways in which people experience loss over the course of life and to discuss interventions most effective at each stage of life. It is intended for students, social workers, and other health and human service professionals. It is distinguished by the authors' beautiful use of clients' stories of loss – and their own – to make *Living Through Loss* definitive and indelible.

Grief After Suicide

John R. Jordan &
John L. McIntosh



\$54.95

Family, friends, co-workers and the community can be impacted in many different ways following a suicide. This edited volume addresses the need for an up-to-date, professionally oriented summary of the clinical and research literature on the impact of suicide bereavement on survivors. Geared towards mental health professionals, grief counsellors and others who work in the field, topics include the impact of suicide on survivors, interventions to provide bereavement care and examples of promising support programs.

Techniques of Grief Therapy: Creative Practices for Counseling the Bereaved

Robert A. Neimeyer

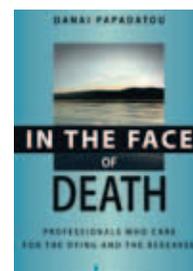


\$64.95

Techniques of Grief Therapy is an indispensable guidebook to the most inventive and inspirational interventions in grief and bereavement counselling. Individually, each technique emphasises creativity and practicality. As a whole, they capture the richness of practices in the field and the innovative approaches that clinicians in diverse settings have developed to effectively address the needs of the bereaved. New professionals and seasoned clinicians will find dozens of ideas that are ready to implement.

In the Face of Death: Professionals Who Care for the Dying and the Bereaved

Danai Papadatou



\$69.95

This book explores the experiences of health care professionals working with the seriously ill, the dying and the bereaved. It offers a practical approach to caregiving and insight into both patient and caregiver responses to death. Issues and challenges health care professionals face when treating dying and bereaved patients are discussed, including compassion fatigue, the inevitability of suffering and the potential for growth, suffering in the workplace, team functioning in death situations, and team resilience.

Living With Grief: Before and After the Death

Hospice Foundation of America

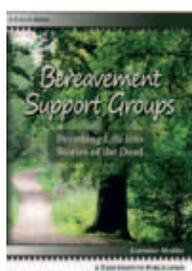


\$35.95

This publication offers an overview of current theoretical perspectives on grief and loss. Topics include anticipatory grief and mourning, professional self-care, DSM classification, disenfranchised grief, and other insights into the field of grief and bereavement. Includes an index, references for further reading, personal accounts of grief, and chapters by North America's top experts in the field, including Kenneth Doka (editor), Carla Sofka, Charles Corr and Dennis Klass.

Bereavement Support Groups: Breathing Life into Stories of the Dead

Lorraine Hedtke



\$29.95

This book fills the gap between the challenges to conventional grief psychology and the practice of bereavement counselling. It offers a structured guide for facilitating bereavement support groups, but is intended as more than a simple 'how to' book. The book shows how to utilise the metaphorical presence of the deceased, accessed through stories, actions and rituals, to affirm the relationship with the deceased as more than a lost memory to be shelved next to dusty old photo albums.

Complicated Grief

Margaret Stroebe,
Henk Schut &
Jan van den Bout

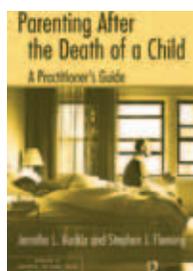


\$64.95

How can complicated grief be defined? How does it differ from normal patterns of grief and grieving? Who among the bereaved is particularly at risk? Can clinical intervention reduce complications? *Complicated Grief* provides a balanced, up-to-date, state-of-the-art account of the scientific foundations surrounding the topic of complicated grief. In this book, Stroebe, Schut and van den Bout address the basic questions about the concept, manifestations and phenomena associated with complicated grief.

Parenting After the Death of a Child: A Practitioner's Guide

Jennifer L. Buckle &
Stephen J. Fleming

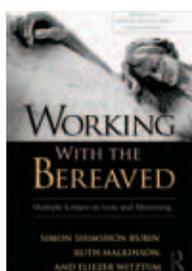


\$62.95

This book addresses the complex dilemmas faced by parents following the loss of their child. The authors present the experience of losing a child and its subsequent impact on a family in a novel and effective way, demonstrating the strength and importance of their book for the counselling field and creating an invaluable resource for clinicians, students and grieving parents.

Working With the Bereaved: Multiple Lenses on Loss and Mourning

Simon Shimshon Rubin,
Ruth Malkinson &
Eliezer Witztum

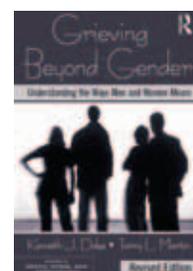


\$39.95

This book summarises the major themes in bereavement research and clinical work and uses the authors' own cutting-edge research to show mental health practitioners how to integrate these themes into their practice. It provides clinicians with a framework for exploring their own emotional and intellectual assumptions, and it goes on to summarise state-of-the-art thinking in the field.

Grieving Beyond Gender

Kenneth J. Doka &
Terry L. Martin



\$39.95

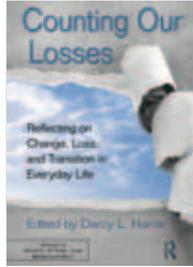
In this work, Doka and Martin elaborate on their conceptual model of 'styles or patterns of grieving' – a model that has generated both research and acceptance since the publication of the first edition in 1999. Doka and Martin explore different ways that individuals grieve, noting that gender is only one factor that affects an individual's style or pattern of grief.

CHILDREN AND YOUNG PEOPLE

Counting Our Losses: Reflecting on Change, Loss, and Transition in Everyday Life

Darcy L. Harris

\$59.95



Counting Our Losses is a valuable resource for clinicians working with clients dealing with non-death, non-finite, and ambiguous losses in their lives. It explores adjustment to change, transition, and loss. Issues of infertility, aging, chronic illnesses and degenerative conditions, divorce and separation, immigration, adoption, loss of beliefs, and loss of employment are approached from an experiential perspective in order to focus on the key elements of each loss as it may be experienced at any point in the lifespan.

35 Ways to Help a Grieving Child

The Dougy Center

\$22.95

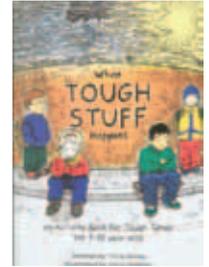


If you know a child who has experienced the death of a parent, caregiver, sibling, grandparent or friend, you may have wondered how to support them. This guidebook presents simple, practical suggestions drawn from the experiences of thousands of grieving children and teens about what helps and what doesn't. Learn what to expect from grieving children at different ages, how to provide safe outlets for children to express their thoughts and feelings, and how to support them during memorial services, holidays and anniversaries.

When Tough Stuff Happens

Skylight, NZ

\$16.95

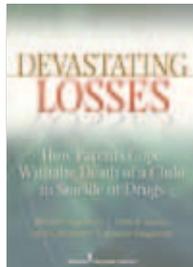


This book is designed for children 7–12 years old who are facing some 'tough stuff' in their lives. It's an activity-based book with lots to personalise and fill in on each page. Its aim is to help children to find the words and ways to talk about what's happened, express their feelings about it all, and find ways to move forward as positively as they can. It includes many ideas from children themselves, as well as great illustrations. Whatever difficulty a child is facing, this book is a very helpful tool.

Devastating Losses

William Feigelman,
John R. Jordan,
John L. McIntosh &
Beverly Feigelman

\$64.95

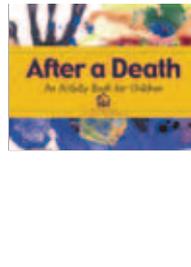


This book fills a gap in our scientific understanding of the grief response of parents who have lost a child to traumatic death and the psychotherapeutic strategies that best facilitate healing. It is based on the results of the largest study ever conducted of parents surviving a child's traumatic death or suicide. It explores how bereavement difficulties can be exacerbated by stigmatisation, the failure of loved ones to provide expected support, and the ways couples adapt to the traumatic loss of a child and how it can affect their relationship.

After a Death: An Activity Book for Children

The Dougy Center

\$22.95



This easy-to-use workbook is designed for children ages 5–12 who have experienced the death of a family member or friend. With a mixture of creative activities and tips for dealing with changes at school, home and with friends, this is a great tool for all grieving children. It includes a variety of drawing and writing exercises to help children remember the person who died, and learn new ways to live with the loss.

Helping Children Cope With Death

The Dougy Center

\$22.95



This guidebook offers a comprehensive, easy-to-read overview of how children grieve and strategies to support them. Based on The Dougy Center's work with thousands of grieving children and their families, you will learn how children understand death, how to talk with children about death at various developmental stages, how to be helpful and when to seek outside help. This book is useful for parents, teachers, helping professionals and anyone trying to support a grieving child.

8 Keys to Safe Trauma Recovery

Babette Rothschild

\$24.95



Trauma recovery is tricky; however, there are several key principles that can help make the process safe and effective. This book gives self help readers, therapy clients, and therapists alike the skills to understand and implement eight keys to successful trauma healing.

After a Murder: A Workbook for Grieving Kids

The Dougy Center

\$22.95

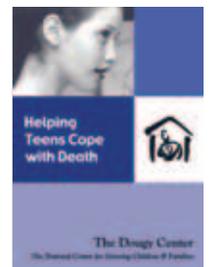


Through the stories, thoughts and feelings of other kids who have experienced a murder, this hands-on workbook allows children to see that they are not alone in their feelings and experiences. The workbook includes drawing activities, puzzles and word games to help explain confusing elements specific to a murder, such as the police, media and legal system.

Helping Teens Cope With Death

The Dougy Center

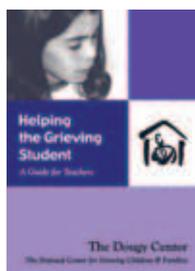
\$22.95



This practical guide covers the unique grief responses of teenagers and the specific challenges they face when grieving a death. You will learn how death affects teenagers and ways that you can help them. The book also offers advice from parents and caregivers of bereaved teens on how to support adolescents and how to determine when professional help is needed.

Helping the Grieving Student: A Guide for Teachers

The Dougy Center

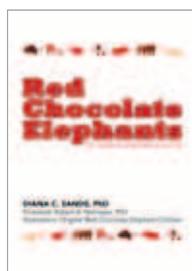


\$22.95

At some point, every teacher will encounter a student who has been affected by a death. This guidebook is an essential resource for primary and secondary school teachers, offering practical tips and information for how to respond to a death.

Red Chocolate Elephants: For Children Bereaved by Suicide

Diana Sands



\$39.00

Created as an assisted reading and activity book, *Red Chocolate Elephants* is designed to encourage discussion with young children about the unique experience of grief through suicide bereavement. The book features interactive activities to explore feelings, identify grief responses and encourage a sense of normalcy in the child's experience of grief. For use with or without the accompanying DVD, this kit is ideal for children of primary school age for use with a supportive adult.

Sometimes Life Sucks: When Someone You Love Dies

Molly Carlile

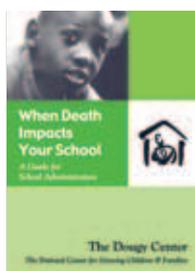


\$19.95

Teenagers experience loss in all kinds of ways. Whether it's the death of a grandparent, pet or school friend, a teen fatality, a peer with a terminal illness, living without a mum or dad, or the death of a celebrity, like everyone else, teenagers also struggle to come to terms with their shock and grief. Full of helpful tips, stories and gentle advice, *Sometimes Life Sucks* helps teens navigate the loss of those they love.

When Death Impacts Your School: A Guide for School Administrators

The Dougy Center



\$22.95

A valuable resource for school personnel who are faced with a death or tragedy in their school community. This guidebook includes suggestions for how schools can help students – by addressing concerns, organising memorials and offering support. It also includes instructions for developing a school intervention plan after a death, how to address issues related to suicide and violence and how to know when outside help is needed.

Something Has Happened: An Activity Book for Young Children

Skylight, NZ

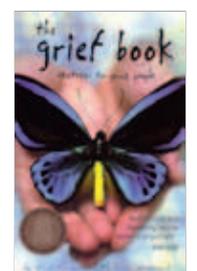


\$14.95

For 3–6 year olds, this illustrated activity book has been developed for young children who have had something difficult happen in their lives. It is designed so children can use the ideas on the pages, alongside a trusted adult, to help them talk, draw and write about what's happened and how it makes them feel. This book provides a framework for children to discover ways to come through their situation as positively as possible.

The Grief Book: Strategies for Young People

Elizabeth Vercoe (with Kerry Abramowski)

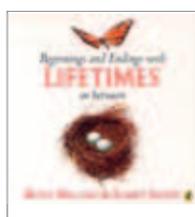


\$18.95

Here is a book full of practical ideas to help you or somebody you know move through grief. 'A unique and compassionate guide, which gives people struggling with grief and loss the tools they need to work through their grief. Above all, Elizabeth Vercoe and Kerry Abramowski let young people know that even in their darkest hours they are not alone.' – Dr Michael Carr-Gregg.

Beginnings and Endings With Lifetimes in Between

Bryan Mellonie & Robert Inghen

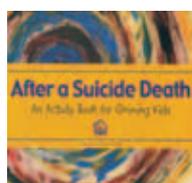


\$18.95

A beautifully illustrated picture book that has proven a powerful tool for explaining the nature of death to children in a gentle, informative and non-threatening way. It also addresses illness and injury as part of life. A classic for all ages, but especially for children 4–12 yrs.

After a Suicide: An Activity Book for Grieving Kids

The Dougy Center



\$22.95

In this hands-on, interactive activity book, children who have been exposed to a suicide death can learn from other grieving kids. The activity book includes drawing activities, puzzles, stories, advice from other kids and helpful suggestions for how to navigate the grief process after a suicide death.

After Suicide Loss: Coping With Your Grief

Bob Baugher & Jack Jordan



\$15.95

A 65-page book for people whose loved one has died from suicide. It is a gentle guide through events and reactions that often occur during the first year and beyond following suicide. Additional features include ten personal stories written by people whose loved one died from suicide, suggested readings, a list of support organisations, and suggestions for deciding whether to seek professional help.

Death Without Warning: After an Accidental Death

Skylight, NZ

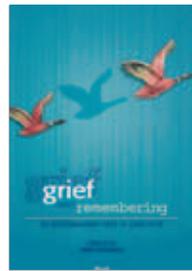


\$14.95

This handbook is for individuals and families affected by any kind of sudden or unexpected death. It is designed to be given to them soon after the death, but will also offer support in the following weeks and months. This easy to read, engaging handbook features personal quotes from people who have experienced the unexpected death of someone close to them. It will also assist professionals in learning more about what happens after a sudden or unexpected death and about the grief that follows.

Grief and Remembering: 25 Australians Tell it Like it is

Allan Kellehear



\$21.95

In this book, 25 everyday Australians describe their own unique experiences of grief and mourn their spouses, friends, parents, children, or siblings. Contributors to this book are from diverse social backgrounds – they are men, women and children of different occupations, ethnicity, sexuality and age groups. We hear the voices of people who are at the very centre of the experience of grief – no professional theorising, no ‘stages’ or ‘models’ of grief, and no judgements.

Surviving Traumatic Grief: When Loved Ones Die in a Disaster

Australian Centre for Grief and Bereavement

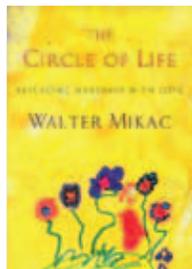


\$15.00

Written after the 2009 Victorian Bushfires, this book addresses the specific experience of grief through a disaster, including the impact of the media, multiple losses, and dealing with government agencies. Featuring the stories of people bereaved through the bushfires, intertwined with information from professionals specialising in traumatic grief, this book aims to provide a greater understanding of the bereaved person's experience in the months following the loss.

The Circle of Life: Unlock Your Courage

Walter Mikac



\$15.95

We will all be confronted by a major challenge sometime in our lives. We can choose to shut down, retreat and not participate in life, or we can decide to learn from the experience and make a difference to those around us. After the events of the Port Arthur Massacre in which the author lost his family, he decided to make a difference in not only his own life but in others'. This collection of observations, reflections, feelings and positive affirmations helped him deal with life's tragedies and still view the future with optimism.

Rain, Hail or Shine: Exploring Change, Loss and Grief in a Carer's World

Skylight, NZ

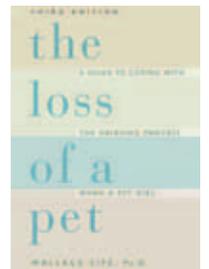


\$26.95

Aimed specifically at carers, this book talks honestly and openly about the kinds of changes, losses and grief (often unacknowledged) that carers can experience and that can affect their emotions, physical health, mental wellbeing and family life. It contains comments from carers about their own grief journeys, and about what has brought them, or is still bringing them, through. This book encourages carers to explore their personal experience of loss and grief in their own way, and in their own time.

The Loss of a Pet

Wallace Sife

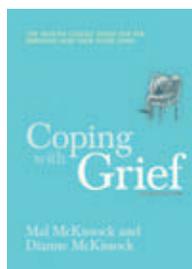


\$21.95

This sensitive and practical guide to the specific struggles of pet loss addresses the particular challenges of pet bereavement, which are largely misunderstood and even ridiculed in society. Sife explores the human-animal bond to explain why the loss of the bond can be so devastating, and provides genuinely useful information on coping with the loss of your beloved companion. This book is suitable not only for people experiencing pet loss, but also for professionals working in the counselling, bereavement or veterinary fields.

Coping With Grief (4th Edition)

Mal McKissock & Dianne McKissock



\$14.95

This book describes what one can expect during the grief process. It addresses issues of normal grief, managing anniversaries and special dates, physical and emotional reactions, the funeral, gender differences in grief, children and grief, sexuality and grief, consequences of bereavement, support teams, self-help and community education.

Swallowed by a Snake: The Gift of the Masculine Side of Healing

Thomas R. Golden

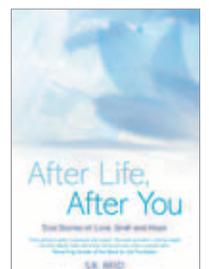


\$14.95

Swallowed by a snake is designed to be a map and guide to help readers through the masculine experience of loss and into a place of healing and transformation.

After Life, After You: True Stories of Love, Grief and Hope

S.K. Reid



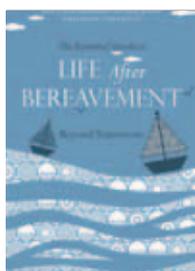
\$24.95

Based around a series of conversations and reflections, this book is the story of three men and seven women who have faced the untimely or unexpected death of their partner. This book is an exploration of their love for their partners, the experience of rebuilding their shattered lives, and the process of learning to cope with their grief in order to develop the capacity to experience joy once again.

The Essential Guide to Life After Bereavement: Beyond Tomorrow

Judy Carole Kauffmann & Mary Jordan

\$26.95

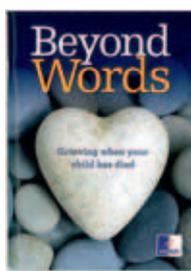


This book provides a roadmap through the initial period of loss and the weeks and months that follow. The emotional and spiritual aspects of bereavement are addressed, as well as practical considerations, including wills, paperwork, funeral arrangements, family conflict and disposing of personal possessions. Using real examples, it offers advice on dealing with guilt and other negative emotions, as well as guidance on how and when to break the news of a death to others, including children, people with learning disabilities or dementia.

Beyond Words: Grieving When Your Child Has Died

Skylight, NZ

\$24.95

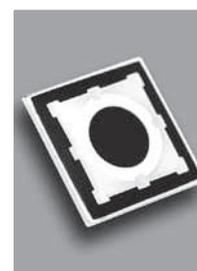


The loss of a child affects bereaved parents emotionally, physically, mentally, spiritually and socially. Many bereaved parents say that the only people who can ever genuinely begin to understand what it's like for them are other bereaved parents. *Beyond Words* is a handbook that features the words, perspectives and suggestions of bereaved parents. It also offers useful information about managing grief, support options and ideas that may be helpful on the grief journey. It is comforting, encouraging, informative and practical.

Sympathy Pin

Australian Centre for Grief and Bereavement

\$7.70 business card
\$9.90 presentation card



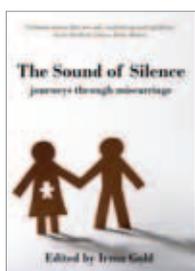
The Sympathy Pin serves as a personal reminder that grieving and giving oneself time to grieve is both normal and reasonable. The circle is a symbol of eternity and never-ending existence. The square represents the earth and earthly existence. The combining of earthly life and eternal memories of a loved one. The symbolic colours of life and death, black and white, are surrounded by gold signifying something precious.

Available in business card size or presentation card size.

The Sound of Silence: Journeys Through Miscarriage

Irma Gold

\$22.95

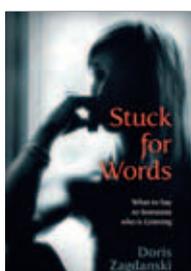


Miscarriage is so common and yet within our culture it is an unspeakable subject. Women often grieve alone, mourning a child they have never met but whose future they have already imagined. It is a private, hidden kind of grief. A grief that gets gagged, buried, overlooked, dismissed, and stuffed into small corners – only to bubble up at unexpected moments. In this book, 22 women speak out about their experiences of miscarriage. These are stories of loss and loneliness, hope and joy, strength and courage, and, most of all, overwhelming love.

Stuck for Words: What to Say to Someone Who is Grieving

Doris Zagdanski

\$21.95



Enlisting the help of grieving people to tell you what they need from those around them, Zagdanski has adapted communication skills and modified counselling techniques to enable the ordinary person to speak confidently with a grieving friend, client, colleague or relative. Here are countless strategies to respond to another's feelings without falling into the trap of being stuck for words or dreading saying the wrong thing.

Grief Matters: The Australian Journal of Grief and Bereavement

Australian Centre for Grief and Bereavement



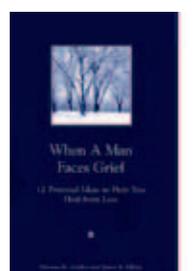
Published by the Australian Centre for Grief and Bereavement three times per year, *Grief Matters: The Australian Journal of Grief and Bereavement* encompasses both academic and applied aspects of grief and bereavement, and is a ranked journal with the Australian Research Council as part of the Excellence in Research for Australia (ERA) initiative. To order back issues of the journal, or to organise a journal subscription, email info@grief.org.au or go to www.grief.org.au

OTHER RESOURCES

When a Man Faces Grief / A Man You Know is Grieving

Thomas R. Golden & James E. Miller

\$14.95



This concise, informative guide is an innovative 'double book'. Half is for men as they grieve and the other half for those who want to understand the masculine style of grief and learn how to support men as they mourn.

Hard Medicine: A Journey in Adult Grief

Australian Centre for Grief and Bereavement

\$45.00



This documentary (with Facilitator's Guide) portrays the grief of four people after the devastating loss of a loved one. They talk about their experience and give compelling insight into grief complicated by issues such as multiple loss, sudden death and suicide. Designed to prompt discussion and reflection. *Hard Medicine* is an invaluable clinical and educational tool for all those who are in contact with the bereaved.

Multiple Facets of Perinatal Death: The Voices of Parents and Those Who Care for Them

Australian Centre for Grief and Bereavement
\$45.00



This DVD features real bereaved parents who have agreed to tell their story. They discuss the cause of death, the experience with the hospital and hospital staff, doctor/patient relationships, and how they dealt with hearing about the autopsy or planning a funeral. This documentary is suitable for use in education and training settings, particularly in nursing, midwifery or medicine, and for counsellors.

